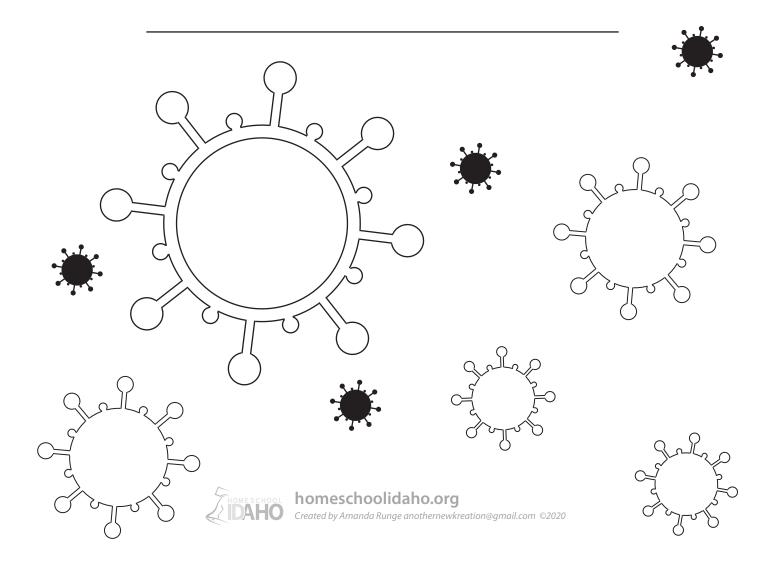
MY 2020 COVID-19 MEMORY BOOK







All About Me!



I 0.00	Draw or attach a picture of yourself!	3
l Am		
Years Old		
Grade:		
Favorite School Subject:		
	Where Live:	
What I Want to Be When I Grow Up:	Who I Am Quarantining With:	



Who I Am Quarantining With

Draw a picture of your family that you are quarantining with.

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My Family Handprints



Using different colored construction paper (or white paper that you color), trace around and cut out your families hands and glue them to this page.



What I'm Feeling



We can feel thankful, scared, excited, and many other emotions all at once! Fill in how you feel during this time in history.

I Am Thankful For:	I Am Scared About:
I Am Having Fun Doing:	What I Can't Wait To Do When This Is Over:
I Am Having Fun Doing:	What I Can't Wait To Do When This Is Over:
I Am Having Fun Doing:	What I Can't Wait To Do When This Is Over:
I Am Having Fun Doing:	What I Can't Wait To Do When This Is Over:
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I Am Having Fun Doing:	What I Can't Wait To Do When This Is Over:



What's the story you will tell your grandchildren?



Draw a picture or write down things you have observed, or what your parents have told you about what is going on in your community.

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COVID-19 Memorabilia



Include things like photos of gas prices, the local grocery stores, signage of stores that are closed due to social-distancing, playgrounds that are taped off, newspaper clippings, and anything else that you see in the world around you.

You are experiencing history in the making!



What is social distancing? Why do people wear masks?

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Write your experiences below. Explain what social distancing is, why people are wearing masks, what is a quarantine or shelter-in-place, what is an essential job or worker, or anything else that is different today because of COVID-19.



My Parents



What are your parents doing during the 2020 COVID-19 Pandemic? Are they working from home, or are they an essential worker? How has your life changed at home since March?



Staying Connected



How do you stay connected with your family and friends? Do you have internet video chats, do you write letters or send drawings to grandparents, or maybe visit in an outdoor area but stay 6 feet away? How has your social life changed since COVID-10?

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My Community's War on COVID-19



Many state governors have issued state-wide quarantines or Safe-at- Home edicts.

How is your state or city battling COVID-19?



How I Spend My Time at Home

Since most of the country is staying safe at home during the pandemic,

how are you spend	ling your time?
How My Schooling Has Changed:	New Things I Have Learned at Home:
Favorite Things I Have More Time For:	Fun Family Memories:



Special Occasions



What special events happened while in quarantine? Did you celebrate a holiday, anniversary, or a birthday? Share how you celebrated these days.

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Event	Date	How We Celebrated		



Interview Your Parents



Your parents have never lived through a pandemic of this nature before either interview them and see how things have changed for them as well.

Are You Still Working? How Has Your Job Changed?
How Are You Finding Homeschooling?
Favorite Memories of Quarantine:
What Do You Think Will Change Because of COVID-19?
—— FAVORITES —— What Are You Most Thankful For? —— I:
Game: 2:
Food: 3: Activity: 4:



Letter to Myself



Who Do I Know Whose Life Has Changed the Most?

