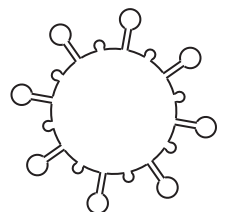
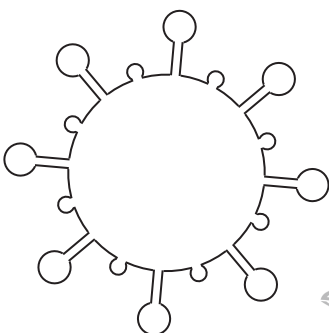
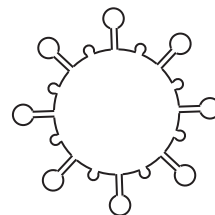
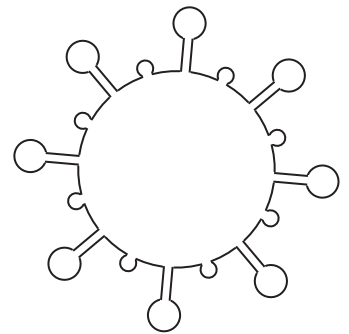
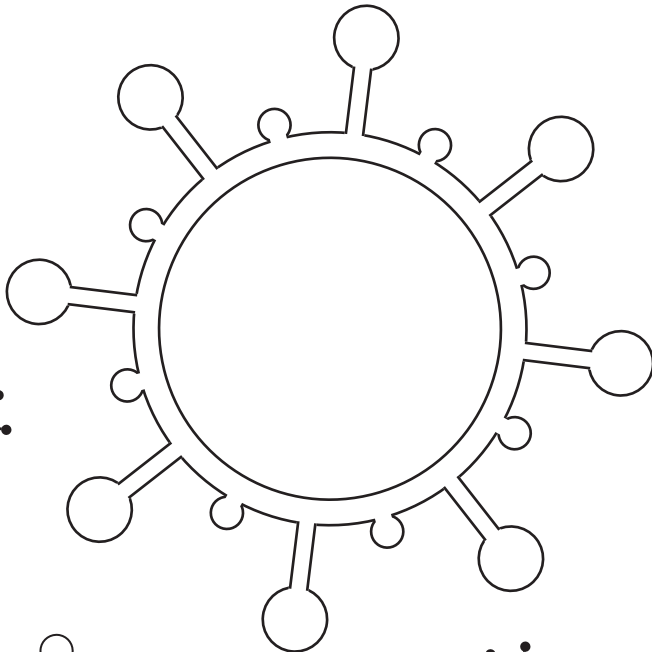
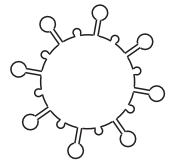
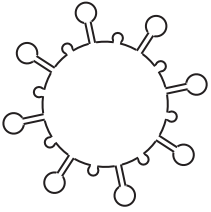
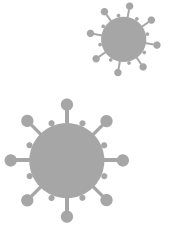


MY 2020 COVID-19 TIME CAPSULE



Snapshot of Me Today



I Am

Where I Live: _____

Years Old

Who I Am Quarantining With: _____

Grade:

How School Changed for Me Since COVID-19:

Favorite
School
Subject:

How Work Changed for Me Since COVID-19:

What I Plan
to Do After
High School:

What I'm Feeling



I Am Thankful For:

I Am Worried About:



I Am Having Fun Doing:

What I Can't Wait to Do When This Is Over:

COVID-19 Timeline | March 2020



1st



31st

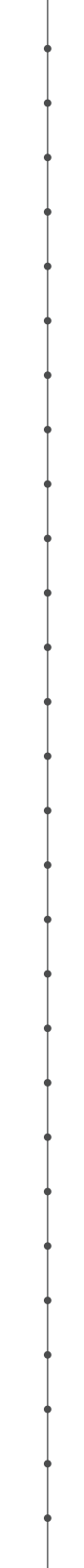




COVID-19 Timeline | April 2020



1st



30th





COVID-19 Timeline | May 2020



1st



31st

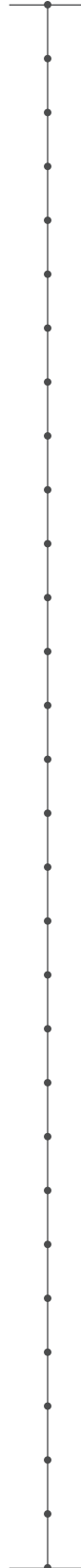




COVID-19 Timeline | June 2020



1st



30th

Shopping



Shopping has changed like never before. Describe what you or your parents experience when searching for essentials. What stores are closed? Have their hours changed? Do they limit who is allowed inside? Do they limit quantities, or specific items? What items are out of stock, and for how long? What are the prices in your area (are they the same, higher or lower?)



Where We Shop:

How We Shop:

Changes in What We Buy:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
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COVID-19 Memorabilia



Include things like photos of gas prices, the local grocery stores, signage of stores that are closed due to social-distancing, playgrounds that are taped off, newspaper clippings, and anything else that you see in the world around you. You are experiencing history in the making!





What is social distancing? Why do people wear masks?



Write your experiences below. Explain what social distancing is, why people are wearing masks, what is a quarantine or shelter-in-place, what is an essential job or worker, or anything else that is different today because of COVID-19.



A series of horizontal lines for writing, organized into two columns of approximately 20 lines each.



My Community's War on COVID-19



Many state governors have issued state-wide quarantines or Stay-at-Home edicts.
How is your state or city battling COVID-19?



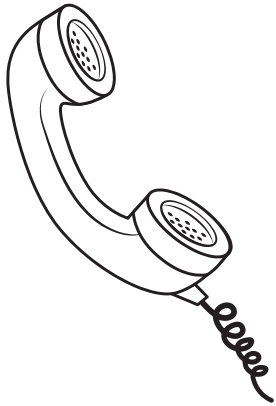
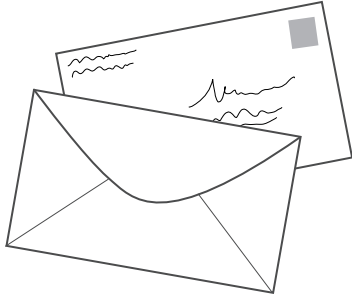
Two columns of horizontal lines for writing, each containing 20 lines.



Staying Connected



How do you stay connected with your family and friends? Do you have internet video chats, do you write letters or send drawings to grandparents, or maybe visit in an outdoor area but stay 6 feet away? How has your social life changed since COVID-10?



Lined writing area consisting of 20 horizontal lines.



How I Spend My Time at Home



Since most of the country is staying safe at home during the pandemic, how are you spending your time?



How My Schooling Has Changed:

New Things I Have Learned at Home:

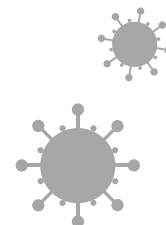
Favorite Things I Have More Time For:

Fun Family Memories:



Special Occasions

What special events happened while in quarantine? Did you celebrate a holiday, anniversary, or a birthday? Share how you celebrated these days.

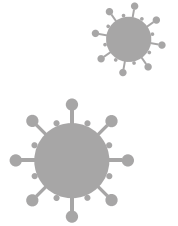


Event	Date	How We Celebrated



Interview Your Parents

Your parents have never lived through a pandemic of this nature before either - interview them and see how things have changed for them as well.



Are You Still Working? How Has Your Job Changed? _____

How Are You Finding Homeschooling? _____

Favorite Memories of Quarantine: _____

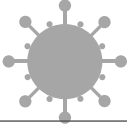
What Do You Think Will Change Because of COVID-19? _____

Who Do I Know Whose Life Has Changed the Most? 





Letter to Myself



Two columns of horizontal lines for writing, each containing 20 lines.